



York Anglican Cursillo®

"Cursillo is a movement of the Church providing a method by which Christians are empowered to grow through prayer, study and action and enabled to share God's love with everyone."

What is Cursillo?

The Cursillo movement began in Spain and made its way to England via America. The Spanish word "Cursillo" means 'a short course' but a Cursillo weekend is much more than that. It is a three day experience which, in the Diocese of York, happens once a year.

THE WEEKEND

TIMETABLE

We begin at tea time on Thursday evening. There is time to settle in and to meet others who will be sharing the weekend with you - some will be there as fellow pilgrims (participants); others are members of the team that will be serving you. (All members of the team have previously been pilgrims themselves and will have been working and praying together for some time in preparation for your weekend).

You will soon discover that the age range of the people there is wide and that we all come from a broad variety of backgrounds which all helps to enrich the experience. Following the Thursday evening meal (the food is excellent and you won't have to do any cooking or washing up all weekend!) our leader for the weekend will introduce the team and explain more about what will be

happening. Two meditations follow and after our short evening service there will begin a period of silence which will last overnight.

The days begin early so be prepared. Friday and Saturday begin with a Eucharist and close with a service in the chapel. The weekend reaches its climax in the celebration of the Eucharist on Sunday afternoon. After this we then make our way back home.

TEACHING, PRAYING AND SHARING

You will hear five meditations and fifteen talks. (Yes, it sounds a lot but it's amazing how they fly by!) The meditations and five of the talks are given by the clergy and the other ten talks are given by lay members of the team. During the weekend, participants work together in small table groups and there is an opportunity to respond to the talks in a variety of ways. (Don't worry - you will not be put on the spot.) Each table is assigned two leaders who will help facilitate discussion.

The team is there for you throughout and if you would value a chance to talk or pray with the clergy they will make time available for you.

We will worship and pray together, we will learn together, we will share meals together, we will have a lot of fun together, and we may even share a few tears together. The programme is busy and Cursillo is not really a retreat but there are opportunities for quiet during the weekend. In other words, Cursillo is a multiple experience which we go through individually and together in community. The weekends are soaked in prayer - people will be praying for you from the moment your application is received.

We can't promise that every single aspect of a Cursillo weekend will be just right for you but many people have found the experience to be a highly significant moment in their lives. Most pilgrims have a renewed experience of God's love. For some, the weekend is a point of healing; for others it is a point at which important life decisions are made. We simply ask you to be open to God's agenda so that you can receive from Him.

AFTER THE WEEKEND

Cursillo offers to Christians and to the Church a support and encouragement structure based upon regular meetings in churches around the Diocese. There will also be an opportunity to join a small group in your locality.

Cursillo seeks to encourage and support Christians in discipleship and mission in their parish and home environment.

We hope very much that you will join us on a Cursillo weekend soon.

Whether you do or not, may God bless you richly.

CONTACTS

If you would like to find out more about Cursillo, please get in touch with:-

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York Diocese Cursillo always hold their weekends at the diocesan retreat house, Wydale Hall; Brompton by Sawdon.



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